



BARRACUDA BITES

<http://www.lcbarracudas.org>



Welcome to the 2006 Swim Season. We have gotten off to a great start with Coach Richard and Coach Lauren as well as all of our college, senior and volunteer coaches. For a complete list of the coaches working with your children everyday, please visit the website. **Stroke clinic** sign ups will begin this week and will be held 5/30-6/2 and 6/5-6/8. Our first meet is this weekend against Deer Park at home. Check in is at 6:30 AM. Every swimmer has to check in. If you are unsure of what to do, please see a board member and we would be more than happy to help you out. Be sure and show your Barracuda spirit by wearing a Barracuda shirt or red and black! Please check the website for updated practice times for the end of this week.



NOTES TO COACHES

Please make sure to put any notes to the coaches in the red barracuda box hanging on the wall next to our boards by Tuesday if you are not going to be able to attend the Saturday meet or you can go to the website and e-mail the coaches.



MORNING PRACTICE

Morning practices begin next Tuesday, 5/30/06.

NO PRACTICE ON MEMORIAL DAY

MESSAGE BOARD

Please see our new scrolling sign at the pool for any updates through out the season as well as checking the website.



SWIM SUIT SALES

Our last swimsuit sales will be Tuesday, May 23rd.

MERCHANDISE

Barracuda merchandise will be on sale at every swim meet during the season. Please see the website for a list of items available.



HOT DOG SOCIAL AND SET UP

Our annual hot dog social and set up for our first home meet will be Thursday night beginning at 5:30. We will set up on Thursday instead of Friday due to graduation.



VOLUNTEERS

We will begin signing up for volunteer shifts this week. If you have not been contacted by Wednesday and are interested in volunteering this weekend, please contact Rise @ nhardig@aol.com.



PICTURES

Team pictures will be taken Wednesday, May 31st. Envelopes are available at the pool during practice or under the Barracuda tent at Saturday's swim meet.



CARPOOLING

Many people have inquired about carpools. If you are interested in getting with someone from your area, we have set aside part of the board for information. Please put your area of town that you are looking for help in and a way for whoever is interested in getting in contact with you.